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AROMATHERAPY ASSOCIATES

Artisans in the field of Aromatherapy; our founders' vision has remained unchanged for a generation. A simple pursuit - sharing the true power of essential oils and the incredible effects they have at a therapeutic level.

Our core range of mind altering essences has become a phenomenon in the beauty world, much applauded and we are recognised as leaders in our field. Combining expertly blended essential oils with our unique active botanical's has led to remarkable innovations in skincare. The result; beautiful, glowing, healthy skin free from harsh chemicals and unnecessary synthetics.

The Body

Essential oils are made of very small molecules, which means they can easily bring their unique healing properties to every cell of the body. They are traditionally used to help ease muscular aches and pains, improve circulation and ease sinus congestion. They also have a positive effect on the skin, penetrating into the deeper layers to encourage the process of celluar renewal, enhance blood circulation and help problems such as acne, eczema and ageing skin.

The Mind

Linked to the areas of the brain governing instinct, memory and emotion, our sense of smell is the most primitive of our senses. Through the pathways between smell and the deep centres of the brain, essential oils can have a dynamic effect on our emotional state. They can help transform our moods and move us from one state of mind to another.

Our Awards

The Glamour Beauty Power list 2013; Best Beauty 2013; Psychologies Positive Beauty Awards 2013; Beauty Bible Loves 2013; InStyle Best Beauty Buys 2013 and many more!



FACIAL TREATMENTS

Age Repair Facial

60 mins - £70

An intensive treatment for those concerned with the signs of ageing. Awardwinning natural products are used in conjunction with a unique dual layering of intensive masks, with specific lifting, plumping and firming massage. Delivers instantly visible results.

Essential Rose Facial

60 mins - £60

A treatment that restores radiance and glowing skin. Luxurious Rose essential oils, long known for their rejuvenating properties, help condition and deeply nourish the skin. The result is a smooth, radiant complexion and a relaxed state of mind. *Suitable for a sensitive skin type*.

Instant Eye Repair

25 mins – £30 alone, £20 add-on

Specialised massage techniques improve micro-circulation and drainage, helping to reduce puffiness, whilst the natural plant extracts and oils work to leave the eyes fresh, bright and youthful. Can be an add-on treatment.



FACIAL TREATMENTS

Crystal Clear Microdermabrasion

60 mins - £60

Treat your skin with the celebrities favourite treatment: Crystal Clear!

A gentle yet extremely effective skin resurfacing treatment. Crystal clear microdermabrasion provides immediate and visible results for ageing skin, lines and wrinkles, open pores, blackheads, pigmentation and scarring. You will see the difference after just one treatment, however for more problematic skin, a course of treatments may be required. The treatment can be used to solve a wide range of skin concerns on both the face and body.

Crystal Clear Microdermabrasion is our clinically proven and celebrated skin resurfacing treatment that offers flawless results for problem skin, pigmentation, lines and wrinkles, scarring and body treatments.

In clinical trials, Crystal Clear Microdermabrasion was conclusively proven to dramatically and visibly improve the texture and appearance of the skin, reducing and smoothing lines and wrinkles and producing more beautiful rejuvenated skin.

A course of treatments are available please ask reception for details.

MILLION

DOLLAR FACIAL

"I feel a Million Dollars!"

WHERE SCIENCE MEETS INDULGENCE

FACIAL TREATMENTS

Million Dollar Facial

60 mins - £110

A luxurious facial where science meets indulgence. Working your skin from the outside in, this treatment has been designed to deeply exfoliate dead skin cells and remove non terminal hair, polish the skin, flush toxins, increase and stimulate your natural collagen and cell turnover. This method will heavily increase the absorption of any active ingredients by 80% as opposed to 8%, this is why we use a hyaluronic acid mask for maximum results.

It is the epitome of luxury with MILLION DOLLAR results.

Dermaplaning

60 mins - £60

Provides an effective and safe exfoliation treatment that promotes deeper product penetration, boosting the effects of skin care products while making the skin look and feel smoother and also reducing the appearance of acne scars. The treatment also works to remove facial hair that can trap dirt and oils. Recommended for all skin types. Contrary to what you might think, dermaplaning will not make your hair grow back thicker or darker, there's no downtime and it will change your life as far as makeup application goes! We are in love with this new treatment!

NEW Miracle Mask

60 mins -£75 | with Dermaplaning £110

This multi-functional treatment is designed to work miracles in one session. Leaving skin tighter, firmer and brighter. Using the latest peptide technology, this Miracle Mask has the unique ability to

- Create micro circulation
- Promote collagen
- Stimulate detoxification
- Promote elastin

Instantly energising the skin, it gives that 'red carpet look' for any big event in your social calendar and lasts for 3 days.



Eliminate Peel

Helps to calm, heal and restore the skin creating a healthy glow.
This peel is suitable for all skin types, sensitive, problematic, dry, oily and combination.
Also, for inflamed acne, blackheads and comodones. The skin will benefit if you suffer from rough skin texture and enlarged pores.



Rejuvenate Peel

The perfect peel to target and slow the aging process.

Improve fine lines and wrinkles, loss of elasticity, age spots, dryness, and the effect of stress on the skin. Reveal that youthful complexion.



Radiate Peel

This peel is perfect for uneven or pigmented skin tones. Photodamaged, acne scaring or age spots. This peel can also target fine lines and dull skin. This will give the skin a beautiful radiant glow.

MILLION DOLLAR PEELS

The Million Dollar Immaculate Collection of 3 peels, has been developed to support improvements in all skin types. Typically administrated as a facial peel, a chemical peel enhances and smoothes the texture of your skin. It is an effective treatment for facial blemishes, wrinkles and uneven pigmentation, problematic skin acne. They exfoliate the outer layers of dead skin revealing a new skin layer with improved tone, texture and colour.

It is designed to give near immediate results without the down time often associated with chemical peels.

Million Dollar Face Peel

£75

Million Dollar Face Peel & Dermaplaning

£110



YOUR ULTIMATE TAN

St. Tropez is proud to be the leading tanning brand chosen globally by professionals, celebrities and beauty editors alike. Our wardrobe of choice provides the perfect product for every skin tone, from a light sun kissed glow to our deepest, darkest bronze. St. Tropez, the award-winning experts you trust to make you look and feel confident, all year round.

St.Tropez Full Body	£20
St. Tropez Half Body (Legs & Face)	£15
St. Tropez Legs	£10



WAXING

Lycon Wax

We offer premium waxing that is designed to make your waxing treatments easier and virtually pain-free. Superb results guaranteed. Lycon Wax truly removes hairs as short as 1 mm.

FullLeg	£40	Brazilian	£30
HalfLeg	£30	Hollywood	£35
Underarm	£15	Lip	£5
Arm Wax	£20	Chin	£5
Standard Bikini	£20	Lip & Chin	£8
Extended	£28	Eyebrow	£10



EYE TREATMENTS

Eyebrow Tint	£7	Eyelash/Eyebrow Tint	£20
Eyelash Tint	£12	Eyebrow Shape & Tint	£15

HD Brows £35

High Definition

We're proud to be the experts in brows, and your HD Brows Stylist knows all there is to know about creating the perfect arch for you.



£35 | with Serum £45

Nouveau Lashes

Nouveau Lashes has inspired the industry and revolutionised the beauty market with professional lash treatments for everyone.

LVL 60 mins - £40

Straightens your natural eyelashes at the root, so unlike a traditional lash perm it creates the effect of longer, lifted lashes. Lasts up to 6-8 weeks.

LVL + Serum 60 mins - £55

Nouveau Individual Lash Extensions

Our lash extensions have been developed to the highest standards, combining softness with durability and strength. They are beautifully curled and tapered to imitate natural lashes leaving you with a flawless look.

Full Set	90 mins - £60	Half Set	60 mins - £40
Lash Infill	£25		



HANDS & FEET TREATMENTS

Our first plant-based, vegan nail lacquer with highly pigmented shades inspired by nature. Feel emflowered by our 30 exciting new shades in a range of tones.

Benefits

- Cruelty-free
- · Plant-based ingredients sourced from nature
- · Long-lasting, high-shine finish
- 30 original shades to choose from

Treat your hands and feet to some much needed attention with our luxurious treatments.

OPIFile & Polish (hands or feet) 30 mins -£18 OPI | OPIGel-£25

Soak Off (when not having reapplied)

€5

OPI Manicure

30 mins -£25 | with gelpolish -£30

This manicure consists of cuticle work followed by an opulent hand massage. A hydrating rich moisturiser is applied and left to penetrate into the skin before the nails are painted in your choice of colour from our luxurious range of nature strong OPI nail polishes.

Nail Enhancements

Chrome Effects Gel	£25	Gel Add-on	£5
Removal	£10	Infill	£25
Nail Extensions	£30	iNails	£30
Extension Removal	£10		



ROSE INDULGENCE PEDICURE

Immerse yourself in our beautiful rose indulgence pedicure.

Infused with notes of warm damask rose and pure essential oils of geranium and palmarosa.

Transform your feet with a moment of reset for the mind, body & skin with our luxuriously gentle, stimulating treatment including our award winning rose indulgence exfoliator, mask & to finish with a 3 step routine to lock in moisture with hand crafted blends to provide a stimulating massage to the foot area, leaving your feet feeling nourished and stress free.

Rose Indulgence Pedicure

€45



MAKEUP APPLICATION

Delilah Cosmetics

Born out of friendship, a passion for cosmetics, and the desire to help women of all ages to look and feel beautiful, Delilah has been created as a capsule collection of carefully formulated cosmetics which offers women a touch of understated luxury they can enjoy every day. All the cosmetics are paraben free and no animal testing has been conducted or commissioned for any Delilah products.

Makeup Application

45 mins - £40

A new capsule collection of luxurious cosmetics that are simple to wear and easy to love. Catering for all your makeup needs from weddings to special occasions. Makeup appointments are available for you to make your pre night out stress that little bit more bearable.



SALON ETIQUETTE

In order to preserve the sense of harmony and tranquillity we kindly ask for your mobile phones to be turned to silent or switched off. Please arrive in plenty of time for your treatment so you can relax with a drink before your treatment begins.

Please advise if you are pregnant before making an appointment.

For treatments over 2 hours we require card details to secure your booking.

Clients are offered a full assessment of their needs, medical and contraindications may make certain treatments unsafe. Please let us know when booking your appointment so that we can advise and tailor your chosen treatment to you.

Please note that at least 24 hours notice of cancellation is required.

Gift vouchers for a treatment or amount and loyalty cards are available, please ask at reception.





